

THE P4 PAIN INTENSITY MEASURE

P4 Instrument

When answering these questions, think only of the pain you are having in relation to the problem for which you are being treated.

Circle 1 number for each of the 4 questions.

On average, how bad has your pain been:

	No Pain										Pain as bad as it can be
	0	1	2	3	4	5	6	7	8	9	10
In the morning over the past 2 days?	0	1	2	3	4	5	6	7	8	9	10
In the afternoon over the past 2 days?	0	1	2	3	4	5	6	7	8	9	10
In the evening over the past 2 days?	0	1	2	3	4	5	6	7	8	9	10
With activity over the past 2 days?	0	1	2	3	4	5	6	7	8	9	10